



Bedwas Junior School Substance Misuse Education Policy

To be read in conjunction with all safeguarding policies.

Written in reference to Welsh Government Circular (107/2013)

Introduction

Substance Misuse education within the school is mainly delivered as part of the PSE programme. It also forms part of the statutory science curriculum.

The aim of Substance Misuse education is to help pupils develop the knowledge, skills and attitudes to appreciate the benefits of a healthy lifestyle, promote responsibility towards the use of legal and illegal substances and relate these to their own actions, both now and in their future lives. The school aims to equip them with the social skills that enable them to make informed moral and social decisions in relation to drugs in society.

The objectives of our SME programme are to:

- Provide children with knowledge and information about illegal and legal drugs (such as tobacco and alcohol) and the harmful effects they can have on people's lives;
- Enable children to discuss moral questions related to drug taking, and so provide a safe environment for young people to share their thoughts and ideas;
- Help children become more self-confident so that they are able to make sensible and informed decisions about their lives;
- Let children know what they should do if they come across drugs, or are aware of other people misusing drugs;
- Help children respect their own bodies and, in so doing, reduce the likelihood that they will be persuaded to become involved in drug abuse;
- Show that taking illegal drugs is a moral issue, and that choices about drugs are moral choices;
- Ensure that all children are taught about drugs in a consistent manner, following guidelines that have been agreed by parents, governors and staff.

Moral and Values Framework

The SME program reflects the school's ethos and demonstrates and encourages the following values:

- Respect for self;
- Respect for others;
- Responsibility for their own action;
- Responsibility for their family, friends, school and wider community.

The organisation of the Substance Misuse Education curriculum

In our school we deliver SME through planned lessons, as well as through co-ordinated cross-curricular teaching.

The school uses the *Christopher Winter Project "Teaching drug and alcohol with confidence in Primary Schools"* throughout the whole school to deliver 3 specific lessons per year group. An overview can be found below:

Year 3: Smoking: Lesson 1: Why people smoke? Lesson 2: Physical effects of smoking, Lesson 3: No smoking.

Year 4: Alcohol: Lesson 1: Effects of alcohol, Lesson 2: Alcohol and risk, lesson 3: limits to drinking alcohol.

Year 5: Legal and Illegal Drugs: Lesson 1: Legal and illegal drugs, Lesson2: Attitudes to drugs, Lesson 3: Peer pressure.

Year 6: Preventing Early Use: Lesson 1: Cannabis, Lesson 2: Volatile Substance Abuse, Lesson 3: Help, advice and support.

We welcome the involvement of visitors from external agencies to complement the core delivery by teaching staff. Our school is fully committed to delivering the All Wales School Liaison Core Programme in its entirety throughout the academic year.

An overview can be found below:

Year 3: Sticks and Stones

Year 4: TASK (tobacco, alcohol and solvent knowledge) Friend or Foe

Year 5: I didn't think - anti-social behaviour

Year 6: Alcohol and Solvents, Cyber Bullying

All visitors are supported in the classroom by a teacher and are informed about the school's SME policy and scheme of work.

Pupils in Year 6 also attend Crucial Crew events, and the Wings to Fly production every year.

Resources used to compliment the SME delivery

PSE is delivered through the SEAL resource on a weekly basis throughout the school, and a separate SME policy, and scheme of work has been developed to ensure the PSE Framework for Wales is fully delivered. In addition to this, the school utilises the following resources to deliver specific sessions as stated above.

Christopher Winter Project "Teaching drug and alcohol with confidence in Primary Schools"

Tacade "Keys to Smoking" for children aged 7 - 11 years old

Welsh Government 'Fresh Start Wales' lesson plan pack

Supplementary Menu on Schoolbeat.org (Police Liaison Programme)

SENSE DVD sections 3 and 5

Growing Up resource section 9

Smoke Free Grounds

The school is fully committed to providing a smoke free environment for staff and pupils, which includes the internal environment and external grounds. We also have smoke free signs displayed on our school gates to discourage parents and the local community from smoking around the surrounding area of the school. **The use of e-cigarettes is also strictly prohibited** on the school site, and parents and visitors are made aware of this via the policy.

Roles and Responsibilities

Head Teacher

The head teacher takes overall responsibility for providing a safe place of work for all staff and pupils and as such takes responsibility for this policy, its implementation, and for liaison with the Governing Body, parents, LEA and appropriate outside agencies in the event of a drug-related incident. Pupils who are suspected of being at risk from drugs, will be supported and monitored with assistance from relevant

agencies.

PSE Co-ordinator

The co-ordinator, together with the head teacher, has a general responsibility for supporting other members of staff in the implementation of this policy. The PSHE Co-ordinator will provide a lead in the dissemination of information relating to drug education. They are responsible for identifying and providing good quality resources and in-service training. The head teacher is the first point of contact for advice/support in dealing with a drug-related incident.

Parents

Parents are encouraged to support the school's drug education programme and have access to this policy. They are responsible for ensuring that guidelines relating to medication in school are followed. If a child needs to take any form of medication during the school day, a signed letter from the parent(s)/guardian(s) must be present, explaining dosage and length of time the medication is to be administered for. (See medicines policy). The school plays its part in ensuring that parents have up-to-date information regarding drugs.

Further information and support is available for parents/carers from:

- DAFFS Project - help and support for anyone concerned about substance misuse 01495 240824
- DAYS Project - central referral point for young people (under 18) involved in substance misuse. DAYS collaborate with agencies to provide direct support 0808 1687176
- Wales Drug and Alcohol Helpline - 0800 6335588
- Information on: Drugs: a full and detailed A to Z listing Where to get help: free phone helpline 0800 776600 open 24 hours Email help address frank@talktofrank.com
- Police led learning in school - www.schoolbeat.org

All Staff

Drug prevention is a whole school issue. All staff, both teaching and non-teaching, should be aware of the policy and how it relates to them should they be called upon to deal with a drug-related incident. This includes lunchtime supervisors, caretaker and cleaning staff. If they have any queries or training requirements these should be made known to the head teacher.

Caretaker

The caretaker regularly checks the school premises - any substances or drug paraphernalia found will be recorded to the head/deputy head and dealt with appropriately.

Policy written by Katie Hillier and Paul Warren
January 2015

Date of Review: January 2018

Nicholas Jones

Signature of Chair of Governors: _____



**Appendix 1:
Substance Misuse Incident Recording
Form at Bedwas Junior School**



Date of incident		Time of incident		Location	
Staff involved		Pupils involved		Others involved	

Initial incident category (Please circle)

Drug-related litter	Possession	Supply
Under the influence	Non learner/member	Suspicion/allegation
Description of incident		
Action taken		By whom
Recorded by (Please print)		Position

Substance/item of concern found	Yes / No	
Description of item		
Removed by	Signature	Time
Location secured at	Signature	Time
Witnessed by	Signature	Time

Police representative removing substance from school/setting site :

Print Name		Position	
Time		Date	
Signature			

Appendix 2:
STAFF GUIDE TO BE DISPLAYED IN PUBLIC AREAS OF THE SCHOOL

Staff Action Guide: Substance Misuse Activity In School

- Assess is there a medical emergency? If so call an ambulance immediately. If pupil is hallucinating, Do Not Challenge his/her statement or perceptions. This could be dangerous. Try to remove the pupils to a quiet, non-threatening environment.
- Contact the CP Designate or the Headteacher without delay. They will make an early decision to inform the parent. It is always advisable, when the initial emergency is over, to contact parent for information and consultation.
- If any substance is willingly surrendered, seize and retain the substance concerned and transfer it to the CP Designate or Headteacher. If it is believed substances are present but pupils will not agree to surrender possessions, the pupil should be isolated while the police are called. During the isolation of a pupil more than one adult should be present.
- Any substances recovered must be held in a secure location until police can advise further.
- Complete a 'Substance Misuse Recording' form and ensure it is passed immediately to the CP Designate or Headteacher.
- Make an early decision on which other agencies also need to be informed/involved. For example, educational welfare officer, social services, police, child and family consultation group, educational psychologist.
- Consult with School Community Police Officer regarding legal implications of the situation. A request should also be made that Police collect the secured suspicious substances the same working day.
- Decide if situation warrants informing general/particular pupil population.
- Liaise with other agencies involved regarding longer-term pupil counselling, family involvement, service availability etc.
- Consider if review of school policy or curriculum provision is required as a result of incident.

Handling of Substances

Care should be taken when handling any substance suspected of being a drug. If possible disposable gloves should be worn. These are kept with first aid kit located in the main reception. If these are not available, care should be taken to wash hands immediately after handling.

Needles and syringes which may be found on school premises should be handled with great care to avoid needle-stick injuries. In the first instance the Headteacher and site manager are responsible for ensuring the site is made safe. All schools will have a sharps disposal box (a box specifically designed for the disposal of needles and syringes) on the premises. The sharps disposal box is located in the wellbeing room. The sharp box should always be stored in a safe and secure location within the school. In the event of a needle stick injury to any party, urgent medical advice should be sought.